

Life in the Slow Lane









Uber
Eats



“I’m busy.”

“I’m tired.”

Jesus' lifestyle

That day, when evening came, he said to his disciples, “Let us go over to the other side.” Leaving the crowd behind, they took him along, just as he was.

- Mark 4:35-36

A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?”

- Mark 4:37-38

He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm. He said to his disciples, “Why are you so afraid? Do you still have no faith?”

- Mark 4:39-40

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.



- Psalm 46:1-3

Human beings

vs.

Human doings

Two Views of Identity...

- If we do the right things, then God will love us  Human **doings**
- God has chosen to love us no matter what, so we choose to trust him in the way we live  Human **beings**

Balance

There is a time for everything, and a season
for every activity under heaven.

- Ecclesiastes 3:1

He has made everything beautiful in its time.

- Ecclesiastes 3:11



1. Start small

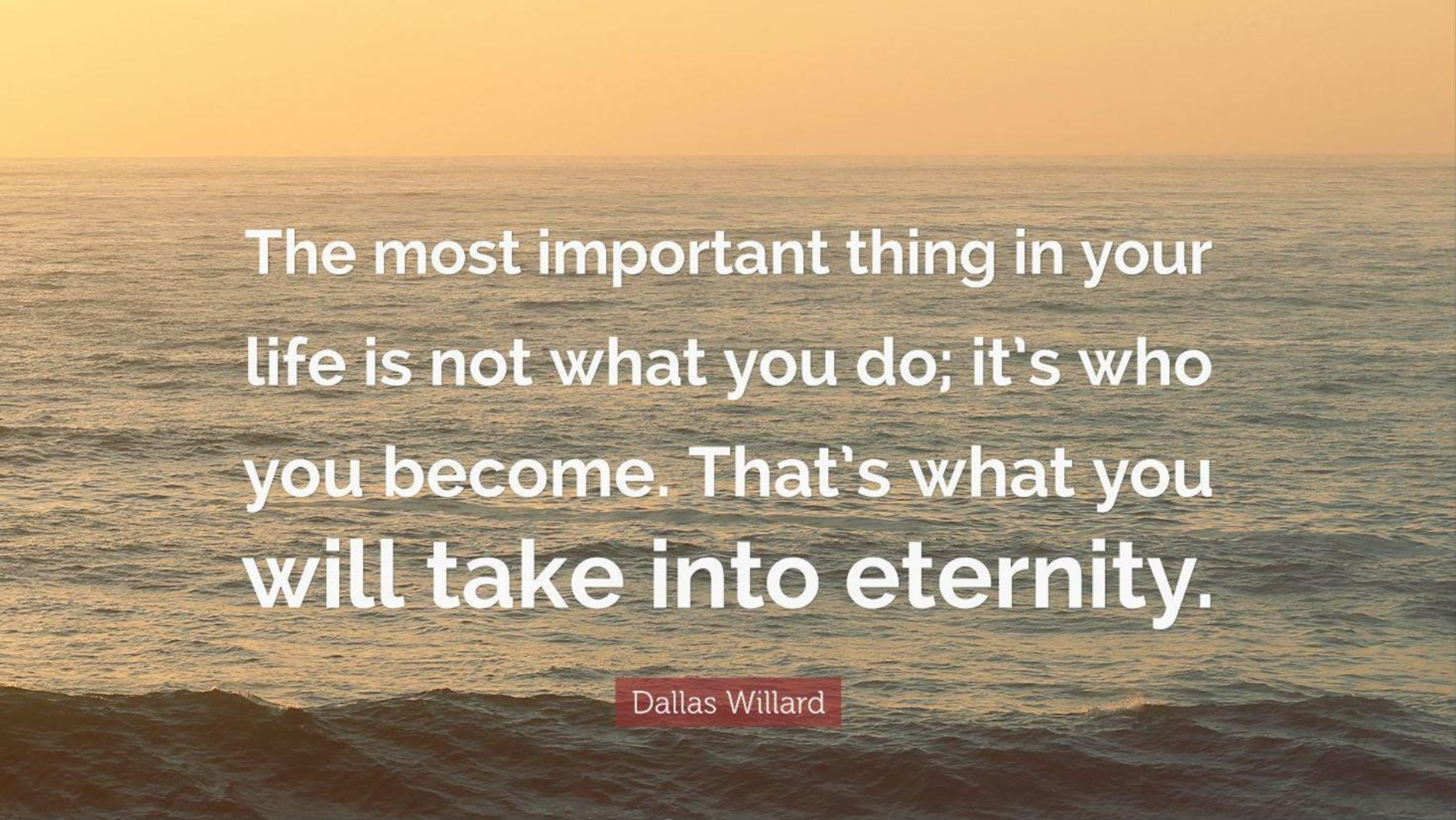
(side note - it's not necessarily about addition!)

2. Be realistic

What season of life are you in?

3. Tell someone you trust

Who can pray for you and encourage you?

A sunset over the ocean with a quote overlaid. The sky is a warm orange, and the water is a deep blue with white-capped waves. The quote is in white, bold, sans-serif font.

The most important thing in your life is not what you do; it's who you become. That's what you will take into eternity.

Dallas Willard